

ACTIMOVE INSTRUCTIONS FOR USE

Actimove® Manus Wrist Stabilizer

Medical device, medical accessory.

Intended use: For wrist injuries or prevention of sprains and bruises.

Expiry date and size: see on the packaging.

Manufacturer: BSN Medical GmbH, Germany, Schützenstrasse 1-3 22761 Hamburg

Storage: at room temperature, protected from direct heat.

Distributed by Essity Hungary Ltd. Budakeszi Road 51. 1021 Budapest

Dear Customer,

Thank you for choosing Actimove® Manus Wrist Stabilizer with a removable metal support, suitable for both left and right hand.

Description of the product

The Actimove wrist stabilizer with its anatomically designed supports can be used to alleviate wrist pain and promote recovery. Thanks to its soft, latex-free material, it is extremely comfortable, moreover it has an easy-to-put-on design and can be secured with individually adjustable straps.

Intended use

The intended use of the product is to maintain the wrist in the proper position. Areas of application:

- Tendonitis
- Dislocations and sprains
- Bone and joint inflammations
- Rheumatoid arthritis
- Post-operative treatments
- Post-traumatic treatments

Please contact a healthcare professional if you are unsure whether the product is suitable for you.

Contraindications:

- Diseases associated with peripheral venous occlusion (phlebo-thrombosis, thrombo-phlebitis)
- Peripheral arterial circulatory disorders

- Venous inflammation caused by microorganisms (septic phlebitis)
- Skin diseases (dermatoses)
- Open wounds, any surface lesions with disruption of skin continuity, ulcers
- Advanced peripheral neuropathy due to nerve damage or degeneration in the extremities
- Intolerance to the material of the product

Instructions for use

The product is designed for home use and, in certain cases, for injury prevention during specific activities (e.g.: sports). The usage period can be one hour (for example during sports activities), but it can also be long-term if daily use is recommended due to a chronic condition. The Actimove Wrist Stabilizer can be used on both the left and the right hand.

Application

If you apply it for the left wrist, place the support in the lower pocket to stabilize the position of the palm and wrist. (See Figure 1)

If you apply it for the right wrist, place the support in the upper packet to stabilize the position of the palm and wrist. (See Figure 2)

Warning:

- Generally there is no side effects when wearing a device recommended by your medical practitioner and properly fitting.
- In case of existing sensory disorders, numbness may lead to circulatory problems due to compression at the pressure points.
- In such cases, always check the position of the product and the strength of the fastening.
- Improper application and fastening of the device may cause skin changes and impairment of arterial blood supply.
- If the symptoms are unchanged, please consult your treating physician immediately.

Note

Check the expiry date on the packaging.

Please immediately report any serious and unexpected events related to the use of the device to BSN medical GmbH (BSN Medical GmbH, Germany, Schützenstrasse 1-3, 22761 Hamburg) or Essity Hungary Ltd. (Budakeszi Road 51. 1021 Budapest), as well as to the relevant local authorities (National Institute of Pharmacy and Nutrition - OGYÉI, 1051 Budapest 3 Zrínyi str. Budapest, Tel: (1) 8869-300, E-mail: amd.vig@ogyei.gov.hu, 1372 P.O. Box 450).



Closing date: July 22, 2022.